



# Client Consultation Form – *Make-up*

**College Name:**  
**College Number:**  
**Student Name:**  
**Student Number:**  
**Date:** 10/05

**Client Name:** Miss CD  
**Address:**  
**Profession:** Shop assistant  
**Tel. No:** Day  
Eve

### PERSONAL DETAILS

**Age group:** Under 20  20–30  30–40  40–50  50–60  60+   
**Lifestyle:** Active  Sedentary   
**Last visit to the doctor:** Can't remember  
**GP Address:**  
**No. of children (if applicable):** 0  
**Date of last period (if applicable):** 08/05

### CONTRAINDICATIONS REQUIRING MEDICAL PERMISSION – in circumstances where medical permission cannot be obtained clients must give their informed consent in writing prior to treatment (*select if/where appropriate*):

Medical oedema  Slipped disc   
Nervous/Psychotic conditions  Undiagnosed pain   
Epilepsy  When taking prescribed medication   
Recent facial operations affecting the area  Whiplash   
Diabetes   
Skin cancer  No contraindications to treatment

### CONTRAINDICATIONS THAT RESTRICT TREATMENT (*select if/where appropriate*)

Fever  Recent fractures (minimum 3 months)   
Contagious or infectious diseases  Sinusitis   
Under the influence of recreational drugs or alcohol  Neuralgia   
Diarrhoea and vomiting  Sunburn   
Any known allergies  Migraine/Headache   
Eczema  On knees only Hypersensitive skin   
Undiagnosed lumps and bumps  Botox/dermal fillers (1 week following treatment)  
Localised swelling  Hyper-keratosis   
Inflammation  Skin allergies   
Cuts  Styes   
Bruises  Watery eyes   
Abrasions  Trapped/pinched nerve affecting the treatment area   
Scar tissues (2 years for major operation and 6 months for a small scar)  Inflamed nerve   
Sunburn  Eye infection   
Hormonal implants  No contraindications to treatment  
Conjunctivitis

### SKIN TEST (*select if/where appropriate*):

**Moisture content:** Excellent  Good  Fair  Poor   
**Muscle tone:** Excellent  Good  Fair  Poor   
**Elasticity:** Excellent  Good  Fair  Poor   
**Sensitivity:** High  Medium  Low   
**Skins healing ability:** Excellent  Good  Fair  Poor   
**Skin tone:** Fair  Medium  Dark  Olive   
**Circulation:** Good  Normal  Poor   
**Pores:** Fine  Dilated  Comedones  Milia

**Overall Skin Type:** Normal

**TREATMENT TO INCLUDE (select if/where appropriate):**

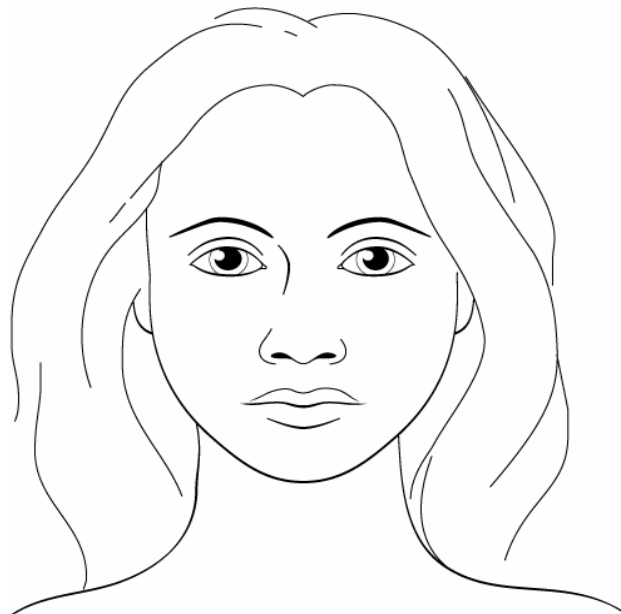
Day make-up

Evening make-up

Special occasion make-up

Bridal Make-up

Other:



**Client's lifestyle/profile**

Miss CD is a 25 year old shop assistant. She is getting married in a month's time. She enjoys her job in a clothes shop and does not find it stressful, except around Christmas time. She still lives at home, but has bought a house with her fiancé. They are busy preparing it, decorating and renovating it to a high standard. She rates her stress levels at work at about 6 and at home at the moment, about 8. With the wedding, she feels that she still has lots to do, and not enough time to do it all in, but she makes lists and this seems to keep her stress levels down.

She is in good health. She has a small patches of eczema on her knees but it does not appear anywhere else. She is allergic to penicillin, and the only medication she takes is the contraceptive pill.

Her skin is normal and she has a good skin care regime. She wears make up every day for work, but would like to have it done professionally for her wedding.

I cleansed and toned Miss CD's skin. Inspection with a magnifying lamp showed that her skin tone, moisture content, elasticity, healing ability and circulation are all good. Her pores are fine and she has no product sensitivities. Her overall skin type is normal.

**Make up chart**

Pre-base:	Not used this treatment – to purchase
Concealer:	Light concealer on sides of nose, under eye area
Corrective cream:	Not used this treatment
Foundation:	Nude liquid foundation
Powder:	Translucent loose powder
Blusher:	Soft apricot
Shader:	Not used this treatment
Highlighter:	Not used this treatment
Eyeshadow:	Cream, Peach and Coffee
Eyeliner:	Soft brown pencil
Mascara:	Waterproof – Dark brown
Lipliner:	Spice
Lipstick:	Warm coral
Lip gloss:	Not used this treatment

**Finished results**

Miss CD was pleased with the application of the make up. She feels that it is heavier than she would apply. She normally only wears mascara and lipstick so a full make up feels slightly strange. She understands that it has to stay on all day and is happy that it does not look thick or heavy. She can purchase a powder and lip liner/lip stick for touch ups on the day.

**Reflective practice**

Miss CD has very good skin, so the make up application was not difficult. I cleansed, toned and moisturised and then applied her concealer and foundation with a foundation brush. I have used a make up sponge on this client before and she wanted to see if we could achieve a light, natural effect. I found applying the foundation with a brush difficult – although it was easy to blend with, I felt that the finish was uneven. This was due to my inexperience with a foundation brush – I need more practice!

**Overall conclusion**

As a rehearsal/trial session, I think it went well. Although she does not require lots of corrective make up, I should still allow plenty of time on the day, as I do not want to rush and make mistakes. Miss CD did not bring her headdress/veil, but I think that we still got a good idea of how the make up will look on the day. We have made an appointment for another make up session in two weeks time and she will bring the veil with her then.

I managed to apply the make up within a good time. However, it was done in a quiet setting, which I am sure will not be the case on the day. I need to build more time into the actual appointment to allow for distractions should they occur. I also need to purchase a pre-base, which will make the application smoother and will prolong the application. Spraying with water after the make up application will help to 'set' it and ensure a long lasting finish. The chief bridesmaid could carry a small make up bag to contain the essentials that Miss CD may need to touch up late in the day, as the wedding is at midday, but the evening reception does not start until 7pm. I was happy with the colour choice and I think that the finished result is very natural but polished.

**Therapist/Student's signature .....**

**Client's signature .....**