

**Multiple Choice Sample Questions**

**ITEC Level 2 Diploma for Beauty Specialists – Unit 11 Manicure & Pedicure**

<b>1</b>	<b>What is the mantle?</b>		<b>1</b>
<b>A</b>	Folds of skin overlapping the sides of the nail	<b>B</b>	Deep fold of skin over the matrix and around the base of the nail
<b>C</b>	Visible portion of the nail which rests upon the nail bed	<b>D</b>	Portion of skin at the end of the finger underneath the free edge
<b>2</b>	<b>What is the cause of blue nails?</b>		<b>2</b>
<b>A</b>	An injury to the nail bed	<b>B</b>	An injury to the matrix
<b>C</b>	Poor circulation	<b>D</b>	Increased circulation
<b>3</b>	<b>Pitting of the nail plate can be caused by:</b>		<b>3</b>
<b>A</b>	Onychoptosis	<b>B</b>	Eczema
<b>C</b>	Onychophagy	<b>D</b>	Psoriasis
<b>4</b>	<b>How would you recognise Beau's lines?</b>		<b>4</b>
<b>A</b>	By multiple longitudinal furrows affecting a single nail	<b>B</b>	By multiple transverse furrows affecting a single nail
<b>C</b>	By a single transverse furrow affecting all the nails	<b>D</b>	By a single longitudinal furrow affecting all the nails
<b>5</b>	<b>The functions of top coat include to:</b>		<b>5</b>
<b>A</b>	Prevent staining of the nail	<b>B</b>	Protect the enamel from chipping
<b>C</b>	Fill in ridges	<b>D</b>	Prevent the nail from breaking
<b>6</b>	<b>The benefits of thermal mittens include to:</b>		<b>6</b>
<b>A</b>	Improve the skin colour through desquamation	<b>B</b>	Soften and clean the nails
<b>C</b>	Calm sensitive skin	<b>D</b>	Nourish and hydrate the skin
<b>7</b>	<b>What is the eponychium?</b>		<b>7</b>
<b>A</b>	The cuticle at the base of the nail	<b>B</b>	The cuticle at the sides of the nail
<b>C</b>	Folds of skin overlapping the sides of the nail	<b>D</b>	The point where the matrix and the nail bed meet
<b>8</b>	<b>What is the peronychium?</b>		<b>8</b>
<b>A</b>	Cuticle at the base of the nail	<b>B</b>	The skin that overlaps the sides of the nail
<b>C</b>	Folds of skin overlapping the sides of the nail	<b>D</b>	Grooves at the base of the nail
<b>9</b>	<b>The functions of the matrix include to:</b>		<b>9</b>
<b>A</b>	Act as a bridge between the lunula and the nail plate	<b>B</b>	Form sulphur to give the nails strength
<b>C</b>	Produce new cells to form the nail plate	<b>D</b>	Protect the nail plate
<b>10</b>	<b>What type of product is a cuticle cream?</b>		<b>10</b>
<b>A</b>	Emulsion	<b>B</b>	Astringent
<b>C</b>	Exfoliant	<b>D</b>	Emollient