

**Marking Criteria for ITEC Level 3 Diploma in Stone Therapy Massage  
Unit 47 – Stone Therapy Massage**

**APPEARANCE – 5 MARKS (0.5 marks each)**

1. Clean, ironed overall/uniform – appropriate to the location and category.
2. Hair must be clean, neat and tied back/up off the collar and face.
3. Nails must be short, clean well manicured and with no varnish.
4. Clean hands.
5. Appropriate low heeled clean and comfortable footwear.
6. Females if wearing a skirt, must have tights which are appropriate to the skirt, i.e. tights with skirts.
7. No jewellery – with the exception of a wedding band and 1 pair small stud earrings is acceptable.
8. No body or breath odour.
9. No chewing gum or sweet sucking.
10. Underskirts/underwear should not be visible.

**CLIENT CARE – 5 MARKS (1 mark each)**

1. Appropriate communication with client.
2. Assisting client on and off couch.
3. Display positive body language at all times.
4. Respect the client's modesty throughout.
5. Check client's comfort throughout/appropriate use of support.

**HYGIENE AND STERILISATION – 10 MARKS (1 mark each)**

1. Candidates must have a clean appearance.
2. Equipment should be wiped over with appropriate disinfectant before use.
3. Equipment should be wiped over with appropriate disinfectant after use.
4. Laundry must be clean and changed for each client.
5. Hands must be washed or wiped with steri-wipes before, after and during treatment as appropriate.
6. Lids replaced on products, spatulas used to remove creams.
7. Appropriate footwear for client should be stowed under the couch to ensure client is not walking around with bare feet
8. Cotton wool, tissues, paper roll and general waste to be disposed of hygienically.
9. Salon/clinic sterilising equipment used as appropriate.
10. Small equipment used, stored and sanitised as appropriate.

**PREPARATION OF THE STONES – 3 MARKS (1 mark each)**

1. Stones must be clean and hygienic.
2. Stones must be the correct temperature for hot treatments.
3. Stones must be the correct temperature for cool treatments.

**PLACEMENT OF THE STONES – 4 MARKS (1 mark each)**

1. Stones are the correct shape for the area to be treated.
2. Stones are the correct size for the area.
3. Stones used on the top of the client are the correct temperature.
4. Stones used underneath the client are the correct temperature.

**SELECTION AND USE OF THE STONES HOT AND COLD – 8 MARKS (2 marks each)**

1. The pressure must be adapted to suit the client.
2. The pressure must be adapted to suit the area.
3. The pressure must be adapted to suit the movement.
4. Hot and cold should be used appropriately.

**EFFLEURAGE – 10 MARKS (2 marks each)**

1. Stones must maintain maximum contact where appropriate.
2. The skin should move appropriately with the movement.
3. The entire area must be covered by effleurage.
4. The movement must be performed in the direction of the venous flow.
5. The speed must be slow and constant.

**PETRISSAGE (KNEADING/FRICTIONS) – 10 MARKS (2 marks each)**

1. Contraindications must be checked for.
2. The stones must be used to perform the movement correctly.
3. The entire muscle must be covered.
4. The skin/muscle must move appropriately.
5. The movement must be rhythmical.

**FRICTIONS– 10 MARKS (2 marks each)**

1. Contraindications must be checked for.
2. The stones must be used to perform the movement correctly.
3. The entire muscle/area must be covered.
4. The skin must react accordingly to movement.
5. The movement must be rhythmical.

**VIBRATIONS/PIESOELECTRIC – 5 marks (1 mark each)**

1. Contraindications must be checked.
2. The stones must be used to perform the movement correctly.
3. Appropriate rhythm must be used.
4. Appropriate force of impact must be used.
5. Appropriate pressure must be used.

### **CONTINUITY OF MASSAGE – 15 MARKS (3 marks each)**

1. Contact should be maintained during Stone Massage of each area and breaks must be relevant and appropriate to the area being treated.
2. Appropriate medium should be selected.
3. Movements must be performed in a logical sequence and time taken to change the stones must be relevant and appropriate to the area being treated.
4. Used stones must be stored appropriately throughout the treatment until sanitisation can take place.
5. Each area must be adequately massaged with the stones hot and cold.

### **POSTURE – 10 MARKS (2 marks each)**

1. Standing/sitting position appropriate to each area.
2. Position of shoulders and back.
3. Position of elbows.
4. Flexibility of knees.
5. Flexibility/position of back (stance).

### **ORAL QUESTIONS – 10 MARKS**

Examples of oral questions that may be asked:

1. What are the physiological benefits of that movement?
2. What are the general contraindications to Stone Therapy Massage?
3. What are the specific contraindications to Stone Therapy Massage?
4. How do you cleanse the stones?
5. What is the difference in the use of hot or cold stones?
6. How can you detect a tense/tired muscle? What has caused this tension?
7. Why is a good knowledge of Anatomy and Physiology relevant to Stone Therapy Massage?
8. What are the physiological benefits of Stone Therapy Massage?
9. Why is it necessary to complete a thorough consultation prior to Stone Therapy Massage?
10. Where are the main Chakras found?