



Guidance Notes for Tutors for the Level 3 Diploma in Stone Therapy Massage

General Advice

1. Requirements for undertaking this qualification.

Candidates must hold:

- a. The ITEC Level 3 Diploma in Holistic Massage, or
- b. The ITEC Level 3 Diploma in Body Treatments, or
- c. Their equivalents

It is vital that candidates understand the structures they are working with whilst massaging, hence, the requirement for a thorough knowledge of anatomy and physiology and the importance of the professional conduct and business management sections included within the pre-requisite qualification.

A scheme of work must be approved by ITEC prior to the commencement of the course for Unit 47 Theory and Unit 47 Practical.

2. Guided Learning Hours.

50.

Guided learning hours are ‘a notional measure of the substance of a qualification. It includes an estimate of the time that might be allocated to direct teaching or instruction together with other structured learning time such as directed assignments, assessments on the job or supported individual study and practice. It excludes learner – initiate private study.’

3. Structure of the qualification.

Unit 47 Theory

Unit 47 Practical (inc. Case Studies).

4. Delivery of the qualification.

Tutors should aim to deliver the whole of the Stone Therapy Massage unit (Unit 47 Theory and Unit 47 Practical) and the case studies simultaneously, i.e. both theory and practical aspects of the unit should be taught together to ensure the underpinning knowledge is being delivered at the same time as the practical skills. This will help to ensure that candidates understand the structures they are working towards as a result of combining delivery with the practical application of treatments.

5. Case Studies.

Case studies are used as the internal assessment of Unit 47 Practical. Case studies must be completed under the supervision of a tutor and the tutor must assess each case study and allocate a grade throughout the delivery of the unit. The External ITEC Examiner will verify the results of the Case studies. ITEC recommends that organisations delivering the qualification allocate 3 hours of the tutorial time for the case studies.

6. Registration.

Enrolments for all the units should be sent to ITEC together on the ITEC Enrolment Form.

Theory Tuition

1. Guided Learning Hours.

- a. The delivery of Unit 47 Theory must be completed with a minimum of 25 guided learning.
- b. Delivery of the qualification will encompass all the learning outcomes and underpinning knowledge identified by ITEC in the design of the qualification.

ITEC recommends that tutors advise candidates that there will be a requirement of a maximum of 5 hours per week (totalling 40 hours, assuming the course is delivered over 8 weeks) of additional home study and revision.

2. Assessment.

Once all aspects of Units 47 have been completed, candidates will be expected to complete a theory paper for unit 47 containing 25 multiple choice questions. Each question will be given four alternative answers A, B, C and D. The candidate must indicate the correct answer by writing the appropriate letter in the box on the answer sheet.

This unit is externally assessed.

3. Grading of the qualification.

- a. Unit 47 Theory has three grades that a candidate may achieve:
Pass grade - 60 – 74%,
Credit grade - 75 – 89%, and
Distinction grade - 90 – 100%.
- b. Unit 47 Theory grade will be combined with the Unit 47 Practical grade to achieve an overall grade as follows:
Pass grade - 120 – 149,
Credit grade - 150 – 179, and
Distinction grade - 180 – 200.
- c. Case studies must also achieve a pass.
- d. If a candidate is unsuccessful in any area, they will be expected to re-sit only the unit where they have not achieved a pass grade, to which they will be referred. Referrals should be completed within one year of the original examination. The remainder of the results will stay in the ITEC system until such time as Unit 47 Theory and Unit 47 Practical and the case studies have all achieved a pass grade.
- e. For guidance on marking see Pre-assessment form for ITEC Level 3 Diploma in Stone Therapy Massage and Marking Criteria for ITEC Level 3 Diploma in Stone Therapy Massage.

Practical Tuition - Unit 47 Practical

1. Guided Learning Hours.

- a. The delivery of Unit 47 Practical must be completed with a minimum of 25 guided learning hours.
- b. It is recommended that an additional 3 hours should be apportioned to each individual case study (total 25 hours).
- c. Delivery of the qualification will encompass all the learning outcomes and underpinning knowledge identified by ITEC in the design of the qualification.

2. Resources.

The organisation delivering the qualification must provide couches and trolleys in the ratio of 1 shared between 2 candidates. This assumes that half the group will work whilst the remaining half of the group model during training sessions. Candidates need to be made aware of the amount of consumables/towels they will be required to provide.

3. Assessment.

- a. This unit is internally and externally assessed.
- b. Once all aspects of Unit 47 Practical have been completed, candidates will be expected to complete the practical examination. This will be undertaken in the candidate's college environment in the presence of an ITEC External Examiner. Candidates will be expected to perform a Stone Therapy Massage treatment of approximately 1 hour in duration, including a 45 minute massage covering all areas of the body – back of the leg, back, front of the leg, abdomen, 1 arm, chest, neck, face and scalp. Only one limb is required to be massaged in the examination, repetition on the opposite side is not required. Candidates may reduce the number of repetitions of movements as the examination is a demonstration of their professionalism and their accomplished technique.
- c. A consultation form must be completed by each candidate and made available for the Examiner to check. This should be completed at the end of the treatment.
- d. Candidates will be expected to demonstrate excellent hygiene and client care, as well as preparation, maintenance and layout of the stones, and helping the client on and off the couch in an appropriate way and demonstration of competence in their skills.
- e. This unit is internally and externally assessed.
- f. Case studies.
 - i. Case studies must be completed under the supervision of a tutor or in the candidate's own time and the tutor must monitor the quality of the written case study work throughout the candidate's training to ensure that the content of the written documents meets ITEC criteria. The criteria are detailed on the case study guidance sheet.
 - ii. It is recommended that tutors advise candidates to expect to spend between 3 – 5 hours on each case study treatment which will total between 15-25 hours to complete the full portfolio.
 - iii. The case study guidance sheet should be completed and placed with the case studies for verification by the ITEC Examiner.
 - iv. If a case study does not meet the ITEC criteria, the ITEC Examiner will complete a candidate referral form to help the candidate strengthen the case studies to gain a pass grade.

4. Grading of the qualification.

- a. Unit 47 Practical has three grades that candidates may achieve:
Pass grade - 60 – 74%,
Credit grade - 75 – 89%, and
Distinction grade - 90 – 100%.
- b. Unit 47 Practical grade will be combined with Unit 47 Theory grade to achieve an overall grade as follows:
Pass grade - 120 – 149,
Credit grade - 150 – 179, and
Distinction grade - 180 – 200.
- c. Case studies must also achieve a pass.
- d. If a candidate is unsuccessful in any area, they will be expected to re-sit only the unit where they have not achieved a pass grade, to which they will be referred. Referrals should be completed within one year of the original examination. The remainder of the results will stay in

the ITEC system until such time as all aspects of Unit 47 Theory, Practical and the Case Studies have all achieved a pass grade.

- e. For guidance on marking see Pre-assessment form for ITEC Level 3 Diploma in Stone Therapy Massage and Marking Criteria for ITEC Level 3 Diploma in Stone Therapy Massage.
- f. Tutors when marking both the internal and external assessment components of this unit must ensure that candidates secure a pass level in each element within all of the areas of the treatment being assessed, as outlined in the Marking Criteria.