

Multiple Choice Sample Questions
ITEC Unit 6 – Indian Head Massage

1	Pediculosis capitis is contraindicated because it is:	1
A	A viral infection	<input type="checkbox"/> D
B	A bacterial infection	
C	A fungal infection	<input type="checkbox"/> D
D	An infestation	
2	What is iridology?	2
A	The encouragement of healing and better health through posture	<input type="checkbox"/> D
B	The use of hands to draw energy from the therapist to the client to heal and balance	
C	The use of needles inserted at points along energy meridians in the body	<input type="checkbox"/> D
D	The diagnosis of physical and psychological problems through the study of the iris of the eye	
3	What would the general psychological effects of Indian head massage include?	3
A	To relax the mind	<input type="checkbox"/> A
B	To increase circulation	
C	To relieve muscular tension	<input type="checkbox"/> A
D	To soothe sensory nerve endings	
4	The effects of vibrations include to:	4
A	Tighten the pores	<input type="checkbox"/> B
B	Stimulate nerve pathways	
C	Decrease circulation	<input type="checkbox"/> B
D	Cause perspiration	
5	A client presents with alopecia, what part of the body would you concentrate your massage on?	5
A	Shoulders	<input type="checkbox"/> C
B	Neck	
C	Scalp	<input type="checkbox"/> C
D	Face	