



**Diary of Courses/Workshops:
December 09 - April 10**

HUGE WINTER SALE: EXTENDED BY POPULAR DEMAND!

Pay only £100.00 deposit to secure your place on ANY Diploma Course when you book by 31st January 2010

This offer is subject to completion of a booking form and Easy Payment Plan form.
Quote ref ADEP100D. Not valid for workshops.

December 2009

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| ITEC Level 3 Diploma in Reflexology - December Programme: Module 1 | Commencing 9th |
| Spa Experience™ Thai Oil Massage - NEW | 13th |
| ITEC Level 3 Diploma in Anatomy and Physiology - Module 5 - Rolling Day Programme* | Commencing 19th |

January 2010

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| ITEC Unit 22 - Professional Conduct & Business Awareness - 2-Day Course | 10th & 24th |
| Introduction to Listening Skills - NEW | 10th |
| Massage for Couples, Beginners and Refreshers Workshop - NEW | 10th |
| ITEC Level 3 Diploma in Anatomy and Physiology - Module 6 - Rolling Day Programme* | 17th |
| Introduction to Holistic Massage (2-Day Course) | 23rd & 20th February |
| ITEC Level 3 Diploma in Holistic Massage - January Programme: Module 1 | Commencing 23rd |
| Hawaiian Lomi Lomi Massage - 3-Day Course - NEW | 29th, 30th & 31st |
| Hopi Ear Candles Workshop | 31st |

February 2010

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| Aromatherapy & Arthritis Workshop (One Day Workshop) - NEW | 6th |
| ITEC Level 3 Diploma in Reflexology - February Programme: Module 1 | Commencing 6th |
| Hawaiian Spa Facial (One Day Workshop) - NEW | 7th |
| ITEC Level 3 Diploma in Anatomy and Physiology - Module 1 - Rolling Day Programme* | Commencing 13th |
| Balinese Massage (One Day Workshop) - NEW | 14th |
| Muscle Energy Techniques & PNF - Sports Massage Workshop | 14th |
| Crystal Therapy Practitioner Course - Module 1: Introduction to Crystals (2 Day Workshop) - NEW | 18th & 19th |
| Introduction to Crystals (2 Day Workshop) - NEW | 18th & 19th |
| Stress Relief Massage - NEW | 20th |
| Ayurvedic Facial Massage - NEW | 27th |

*Please note: There is no formal start date for the **ITEC Level 3 Diploma in Anatomy and Physiology**; students can join at any stage and simply continue until they have completed 7 days. Courses commence throughout the year.

March 2010 - April 2010 Course/Workshop Diary overleaf...

Please complete an enquiry form - tick the boxes of courses/workshops that you are interested in and we will send through full details or visit our website at www.athenaschool.co.uk where you can also book online.



**Diary of Courses/Workshops:
December 09 - April 10**

March 2010

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|---|----------------------------|
| ITEC Level 2 Diploma in Beauty Specialists - March programme: Module 1 | Commencing 2nd |
| ITEC Skincare and Eye Treatments Course - 7-Day Course - NEW | Commencing 2nd |
| Indonesian Massage Diploma (One Day Workshop) - NEW | 7th |
| ITEC Unit 22 - Professional Conduct & Business Awareness - 2-Day Course | 7th & 3rd April |
| ITEC Level 3 Diploma in Indian Head Massage - 4-Day Course | 7th, 21st & 11th, 25 April |
| Ayurvedic Body Massage Diploma (One Day Workshop) - NEW | 13th |
| ITEC Level 3 Diploma in Anatomy and Physiology - Module 2 - Rolling Day Programme* | Commencing 14th |
| EFT Level 1 Self Healing - 1-Day Course | 20th |
| EFT Level 2 Practitioner - 2-Day Course | 21st & 10th April |
| ITEC Level 3 Diploma in Anatomy and Physiology - Module 1 - Rolling Evening Programme* | Commencing 24th |
| ITEC Make-up Course - 2-Day Course - NEW | 24th & 30th |
| ITEC Level 3 Diploma in Anatomy and Physiology - Module 2 - Rolling Evening Programme* | Commencing 31st |
| ITEC Manicure and Pedicure Course - 5-Day Course - NEW | Commencing 31st |

April 2010

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|---|-------------------|
| ITEC Level 3 Diploma in Anatomy and Physiology - Module 3 - Rolling Evening Programme* | Commencing 7th |
| Thai Massage Workshop (One Day Workshop) - NEW | 10th |
| ITEC Level 3 Diploma in Anatomy and Physiology - Module 3 - Rolling Day Programme* | Commencing 11th |
| ITEC Level 3 Diploma in Anatomy and Physiology - Module 4 - Rolling Evening Programme* | Commencing 14th |
| ITEC Level 3 Diploma in Stone Therapy - 2-Day Course | 17th & 18th |
| Crystal Therapy Practitioner Course - Module 7: Stone Therapy - NEW | 17th & 18th |
| Introduction to Listening Skills - NEW | 17th |
| Lymphatic Drainage Massage Diploma (One Day Workshop) - NEW | 17th |
| Introduction to Sports Massage Therapy - 2-Day Course | 18th & 9th May |
| ITEC Level 3 Diploma in Sports Massage | Commencing 18th |
| ITEC Waxing Course - 3-Day Course - NEW | 20th, 21st & 27th |
| ITEC Level 3 Diploma in Anatomy and Physiology - Module 5 - Rolling Evening Programme* | Commencing 21st |
| ITEC Level 3 Diploma in Anatomy and Physiology - Module 4 - Rolling Day Programme* | Commencing 25th |
| Shirodhara Treatment (One Day Workshop) - NEW | 25th |
| ITEC Level 3 Diploma in Anatomy and Physiology - Module 6 - Rolling Evening Programme* | Commencing 28th |

*Please note: There is no formal start date for the **ITEC Level 3 Diploma in Anatomy and Physiology**; students can join at any stage and simply continue until they have completed all 6 days or 12 evenings. Courses commence throughout the year.

Remember to keep checking our **Diary of Events** by visiting www.athenaschool.co.uk - **new courses and workshops are being added all the time.**

Be the first to find out about new courses at Athena School of Natural Therapies and hear about our amazing special offers.. Join our mailing list now!

Please complete an enquiry form - tick the boxes of courses/workshops that you are interested in and we will send through full details or visit our website at www.athenaschool.co.uk where you can also book online.